



Mercy Health
Foundation
+ Centura Health.

Roots of Health Paid Internship Opportunity

Summer 2021

Pay: \$14/hour.

Timeframe: 13-week internship, 40 hrs/wk (appx start date: May 24 – August 20).

Travel: Funds for travel to Albuquerque research location, overnight stays, as well as around the region included. Mileage reimbursement is .56 cents per mile

Interested in supporting the fresh food infrastructure in our community? Join us this summer as an intern with Mercy Regional Medical Center's Roots of Health Program. This is a budding program and a great opportunity to make an impact on food security, producer-consumer connections, and community development.

Roots of Health aims to support the wellbeing of Mercy Regional Medical Center associates, regional patients, and the greater community through a connection to fresh, healthy, locally-grown produce. The goals of this program are to support wellness and increase access to healthy food at Mercy Regional Medical Center, while also supporting the local food producers and economy.

Welcome to Centura Health

Welcome to the largest health ecosystem in Colorado and western Kansas. Welcome to living your mission among thousands of people on fire to live theirs too. Welcome to options, possibilities and values that guide exceptional care. Welcome to extremely important industry challenges and opportunities to solve complex problems. Welcome to highly intelligent teams, overflowing community and the wholeness of mind, body and spirit that is Centura Health.

You have a purpose, unique talents and NOW is the time to embrace it, live it and put it to work. At Mercy Regional Medical Center/Centura Health, we value incredible people with incredible skills – but your commitment to a greater cause is something we value even more. This is the heartbeat of our organization and your time will be spent in a supportive, team environment with resources to help you flourish and leaders who care about your success. When people and places align, incredible things happen. Just like the 21,000+ amazing associates who work here, every community within Centura Health's connected ecosystem has its own unique history, story and personality.



Content Areas

Food Security, Environment, Health and Wellness, Nutrition Education, Health Sciences, Behavioral Health, Food Equity, Coalition Building, Communications

Desired Traits

- Self-starter
- Solid communicator
- Interest in research and development
- Personal responsibility and accountability
- Collaborative and partnering **style with key stakeholders**
- Comfortable with travel
- Personal transportation a plus

Roles and Responsibilities

Program Execution

- Support the distribution of weekly produce shares (100/week for the summer season) at the ROH stand
- Support Mercy employees with nutrition services, recipes, eating on a budget and how to use the vegetables in the weekly produce box
- **Support Good Food Collective AmeriCorps and Centura's Associate Wellbeing** to develop resources and content to support our efforts to bridge this program to lifelong healthy eating (ex. YouTube cooking classes, super easy recipes, etc.)
- **Partner with Marketing** to connect program partners (farmers, food resource guides, nonprofit entities) with media and marketing opportunities for this program
- Support and create community partnerships with partner organizations
- Support administration with Payment processing and Participant questions

Learning

- Participate in Roots of Health Committee design team meetings
- Shadowing/supporting clinical providers, **specifically the integrated care team in primary care**
- Shadow/support patients in oncology and nutrition services
- Shadow other Produce Rx programs

Program Evaluation

- Work with Good Food Collective, our program partner, on evaluation instruments, forms and processes, and data metrics
- Develops and disseminates written and visual reporting documents



Mercy Health
Foundation
+ Centura Health.

Program Development

- Support capacity building of Produce Rx with clinical providers
- Help to identify Produce Rx champions in our region
- Directs development of Produce Rx concept program materials
 - Encourages diversity of thought, and diversity of groups

Additional Opportunities Possible:

- Support potential gleaning to further supplement our weekly shares
- Facilitate the processes needed to have an EBT account
- Create collateral for patients in the program (food resources, food bank detail, etcetera)

Questions? Please ask!

To Apply: please send your resume attn: Lexie Stetson-Lee alexandrastetson-lee@centura.org
for the Roots of Health Committee or call 970-764-2800. **Application due date May 14, 2021**

Contact the Good Food Collective community partner with questions as well

info@goodfoodcollective.org